

Cufsniff DMR Tablet

Phenylephrine (5mg) + Chlorpheniramine Maleate (2mg) + Dextromethorphan Hydrobromide (10mg) Tablet

on the brain's cough center to suppress the urge to cough, making it particularly useful for dry, irritating coughs.

Description

The combination of Phenylephrine (5mg), Chlorpheniramine Maleate (2mg), and Dextromethorphan Hydrobromide (10mg) is used to relieve symptoms associated with the common cold, flu, and allergic rhinitis. This combination tablet offers relief from nasal congestion, sneezing, runny nose, and cough, making it an effective treatment for upper respiratory tract infections and allergies.

Composition

Each tablet contains:

- Phenylephrine Hydrochloride – 5mg
 - Chlorpheniramine Maleate – 2mg
 - Dextromethorphan Hydrobromide – 10mg
- Excipients: Magnesium stearate, microcrystalline cellulose, starch, and other pharmaceutical excipients.

Pharmacological Action

- Phenylephrine is a decongestant that works by constricting the blood vessels in the nasal passages, thereby reducing swelling and congestion in the nose.
- Chlorpheniramine Maleate is an antihistamine that blocks the effects of histamine, which is responsible for symptoms such as sneezing, itching, and runny nose.
- Dextromethorphan Hydrobromide is a cough suppressant (antitussive) that acts

Indications

This combination tablet is indicated for the symptomatic relief of:

- Nasal Congestion (blocked nose) due to cold or allergic rhinitis.
- Sneezing and runny nose due to common colds or allergies.
- Coughing (especially dry or non-productive coughs) associated with upper respiratory tract infections.

It provides a comprehensive approach by addressing multiple symptoms of cold and allergies in one tablet.

Dosage and Administration

- **Adults and Children Over 12 Years:**
Take 1 tablet every 4 to 6 hours as needed.
Do not exceed 4 tablets in 24 hours.
- **Children (under 12 years):**
The use of this medication in children under 12 years is not recommended unless directed by a healthcare provider.
- **Administration:**
The tablet should be taken orally with a full glass of water. It can be taken with or without food.

Contraindications

- **Hypersensitivity:** Known allergy or hypersensitivity to phenylephrine,

chlorpheniramine, dextromethorphan, or any excipients.

- **Severe Hypertension:** Patients with high blood pressure should avoid this medication as phenylephrine can raise blood pressure.
- **Severe Liver Disease:** Use of this combination is contraindicated in individuals with severe hepatic impairment.
- **Glaucoma:** Use with caution in patients with glaucoma, as the antihistamine can increase intraocular pressure.
- **Patients taking Monoamine Oxidase Inhibitors (MAOIs):** This combination should not be used in patients taking MAOIs or who have taken them within the last 14 days, due to the potential for dangerous interactions.

Warnings and Precautions

- **Cardiovascular Disease:** Phenylephrine should be used cautiously in patients with heart disease, hypertension, or any conditions that may be exacerbated by increased blood pressure.
- **Renal Impairment:** Use with caution in patients with kidney issues.
- **Cough Lasting More Than a Week:** If cough persists for more than a week, or if it worsens, consult a healthcare provider.
- **Pregnancy and Lactation:**
 - **Pregnancy:** Should be used only if the potential benefit justifies the risk to the fetus.
 - **Breastfeeding:** Consult your healthcare provider before using, as dextromethorphan and chlorpheniramine may pass into breast milk.

Side Effects

While side effects are generally rare, some may include:

- **Common Side Effects:** Drowsiness, dry mouth, dizziness, nausea, or constipation.
- **Serious Side Effects:**
 - Increased blood pressure (from phenylephrine).
 - Severe allergic reactions such as rash, itching, swelling, or difficulty breathing.
 - Confusion or hallucinations (particularly from the dextromethorphan).

If any of these side effects occur, or if symptoms worsen, stop using the medication and seek immediate medical advice.

Drug Interactions

- **MAO Inhibitors (MAOIs):** Concurrent use may cause severe, potentially fatal interactions. Avoid use within 14 days of discontinuing MAOIs.
- **Antihypertensive Drugs:** Phenylephrine may counteract the effects of antihypertensive medications.
- **CNS Depressants:** When combined with alcohol or other CNS depressants, chlorpheniramine may increase sedative effects, leading to excessive drowsiness.
- **Other Cough Medications:** Do not combine with other antitussives or cold preparations without consulting a healthcare provider.

Storage Instructions

- Store in a cool, dry place at temperatures between 15°C to 30°C.
- Keep out of reach of children.
- Do not use after the expiry date.

Presentation

- **Form:** Tablet

- **Packaging:** Available in blister packs of 10, 20, or 30 tablets.
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Conclusion

Phenylephrine (5mg) + Chlorpheniramine Maleate (2mg) + Dextromethorphan Hydrobromide (10mg) is a well-balanced combination for the effective relief of symptoms associated with colds, flu, and allergic reactions. Its combination of decongestant, antihistamine, and antitussive action makes it a comprehensive treatment for the common cold, providing relief from congestion, runny nose, and coughing. Always use the medication as directed and consult a healthcare provider before use in special populations or for prolonged use.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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